



Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday
Eat well, feel great, be amazing.				1 Ham & Cheese on Pretzel Bun Baked Beans 
5 Teriyaki Dumplings Steamed Corn 	6 Soft Beef & Cheese Taco Refried Beans 	7 Dutch Waffle & Chicken Tator Tots 	8 Cheese Tortilini w/Alfredo Sauce & Breadstick Steamed Broccoli 	9 Bacon Cheeseburger Steamed Carrots 
12 Saucy Meatballs w/Breadstick Steamed Peas 	13 Chicken and Cheese Nachos Steamed Corn 	14 French Toast Sticks w/Sausage Tator Tots 	15 Buffalo Chicken Grilled Cheese Steamed Carrots 	16 Bosco Sticks w/Marinara Steamed Broccoli 
19 General Tso's Chicken Steamed Peas 	20 Beef & Cheese Nachos Black Beans 	21 Pancakes w/Sausage Tator Tots 	22 Korean BBQ Meatballs w/Rice Steamed Broccoli 	23 Pierogis w/Sliced Bread Steamed Carrots 
26 Salisbury Steak & Gravy w/Biscuit Mashed Potatoes 	27 Buffalo Chicken Dipper Steamed Corn 	28 French Toast Sticks w/Sausage Tator Tots 	29 <u>Take Nutrition Global</u> <u>England</u> Beefy Potato Bowl w/Bread Mixed Veggies 	30 Lasagna Roll-ups w/Breadstick Steamed Broccoli 
Daily Milk Options: Assorted Fat Free and Low-Fat Varieties. Assorted Fruits and Veggies				

THE PIZZERIA

Cheese Pizza

Pepperoni Pizza

THE GRILL

Spicy Chicken
Patty Sandwich

Chicken Patty
Sandwich

Cheeseburger

GRAB N' GO

Assorted Wraps

Assorted Hoagies

Assorted Parfaits

Assorted Salads

